

MENTAL HEALTH: HOW TO RESPOND GUIDE

MORE ABOUT CAPS:

Enrolled CSN students are eligible for free, confidential mental health services. To obtain CAPS services, students can email, call, or visit in-person on all three main campuses:

HN C 113A, WC D 104, & NLV M E120



HAVE YOU NOTICED A STUDENT THAT IS IN NEED OF SUPPORT?

Maybe a student displays a change in their typical behavior.

LET THEM KNOW ABOUT CAPS SERVICES & OFFER TO WALK THEM TO THE DEPARTMENT.



HAVE YOU TRIED TO WALK A STUDENT TO CAPS AND THEY DECLINED?

Seeking the help we need can be challenging.

ASK IF THEY CONSENT TO CAPS CONTACTING THEM.



HAS A STUDENT EXPRESSED THOUGHTS OF SUICIDE TO YOU?

Maybe a student makes a comment about killing themselves.

THIS IS A MENTAL HEALTH EMERGENCY. CALL CAPS OR UPD FOR A SAFETY CHECK OR CALL 988.



HAVE YOU WITNESSED A MENTAL HEALTH EMERGENCY?

Maybe a student is experiencing psychosis or has a weapon that could cause harm to themselves or others.

ENSURE YOUR SAFETY AND CALL UPD.

988 Services

The 988 Lifeline provides 24/7, confidential support to people in suicidal crisis or mental health-related distress. By calling or texting 988, you'll connect to a mental health professional.

University Police

Call 702-895-3669 and notify UPD if you witness a mental health emergency on campus.

Safety Checks

CAPS Clinicians and CAPS Program Manager can perform safety checks for students who may be at risk of harming themselves or others.

CSN is an Equal Employment Opportunity/Affirmative Action institution. For more information, visit www.csn.edu/nondiscrimination

